



Get our recipe for delicious **POLENTA WITH DUNGENESS CRAB, LEMON, FENNEL AND CHILI** on page 2.

## Local Fresh Whole Cooked Dungeness Crab

A West Coast favorite.

SAVE \$2 LB



**\$13.99 LB**

## Fromager d'Affinois

A creamy, soft ripened cheese with a distinctive pillowy rind.

SAVE \$2 LB



**\$21.99 LB**

## Cuties Mandarins

2 LB | SAVE \$2 EA



**\$3.99 EA**

## EverCrisp Apples

SAVE 50¢ LB



**\$1.49 LB**

## Martinelli's Sparkling Cider

25.4 OZ | Select varieties

SAVE \$2.19



**2 FOR \$7 + DEP**

## Fever Tree Mixers

4 PK | Select varieties

SAVE \$1.50



**\$4.99 + DEP**

## Annie's Mac & Cheese

5.25-6 OZ | Select varieties

SAVE UP TO \$1.92



**3 FOR \$5**

## Café Yumm! Sauce

8.2 OZ | Select varieties

SAVE \$2



**\$7.99**



# Meat & Seafood

## Royal Ranch Lean Ground Beef

Regeneratively and locally raised, USDA Choice beef that's vegetarian fed, and antibiotic and hormone free.

**SAVE UP TO \$1 LB**



**\$7.99 LB**

## Boneless Skinless Chicken Breasts

Local and free range. Comes in a tray pack or bulk.

**SAVE \$1 LB**



**\$7.99 LB**

## Alaskan Wild Cod Fillets

Fillets with a mild to full flavor. Previously frozen.

**SAVE \$4 LB**



**\$11.99 LB**

# POLENTA WITH DUNGENESS CRAB, LEMON, FENNEL & CHILI

When Dungeness crab season rolls around, we're all in. It's a local favorite that never disappoints! Picture this: a warm, buttery polenta base topped with sautéed crab, crisp fennel, and a hint of mild chili for a little kick. Pour yourself a glass of Community Cellars Rosé or Pinot Gris, and you've got the perfect Oregon-style comfort dish for any night of the week.

Serves: 4      Prep time: 10 minutes  
Difficulty: Easy      Cook time: 35 minutes  
Allergens: Dairy, Shellfish

### INGREDIENTS:

- 8 oz. Dungeness crab meat
- 3 T Sebastiano's extra virgin olive oil
- 1 small fennel bulb, cleaned and chopped in thin strips
- 1 T garlic, minced
- 1/2 - 1 small red chili (mild such as Fresno), or dash hot sauce
- 1 small lemon, zest and juice of, to taste
- 2 T Italian parsley (flat leaf), roughly chopped
- 3 c chicken or vegetable stock
- 1/2 c coarse dry polenta
- 1/2 t each salt and pepper, to taste
- 2 T Nancy's Organic Cultured Butter

### STEPS:

- Start polenta first as it needs to slowly cook for 30-35 min. Bring stock to a simmer in heavy bottomed pot and whisk in polenta slowly. Reduce heat to low and stir frequently with wooden spoon or heat-proof spatula to avoid scorching/lumps. When polenta is creamy/no longer grainy when tasted, stir in butter, salt and pepper to taste. Reserve and keep warm.
- Meanwhile, heat oil in large skillet until shimmering. Add fennel and cook 2 min. Stir in garlic and chilies and cook 1 min. more. Add crab meat (picked over for any shell fragments) and toss all quickly to combine just until crab is warmed through. Add lemon zest/juice, taste and adjust seasoning with pinch salt and pepper as needed. Remove from heat.
- Plate polenta on large platter with crab sauté served over. Garnish with fennel fronds as desired, lemon and parsley.

**FOR ALL RECIPES, VISIT  
MARKETOFCHOICE.COM/RECIPES**

# Specialty Beverage

## Ft. George Brewing

**6 PK | SAVE UP TO \$2.50**

World class craft beer brewed in Astoria, OR.



**\$11.49 + DEP**

## Sivilli Temperance Hill Blanc de Noir

**750 ML | SAVE \$11**

Complex and round with a fine mousse, notes of brioche, yellow apple and hints of red berries.



**\$41.99**

## Joyus NA Sparkling Wine

**750 ML | SAVE \$9**

Toast the new year with delicious, non-alcoholic wine.



**\$25.99 + DEP**

## The Bubbles Project Metodo Italiano

**750 ML | SAVE \$5**

Fresh and inviting, with notes of apple, citrus and a creamy mouthfeel.

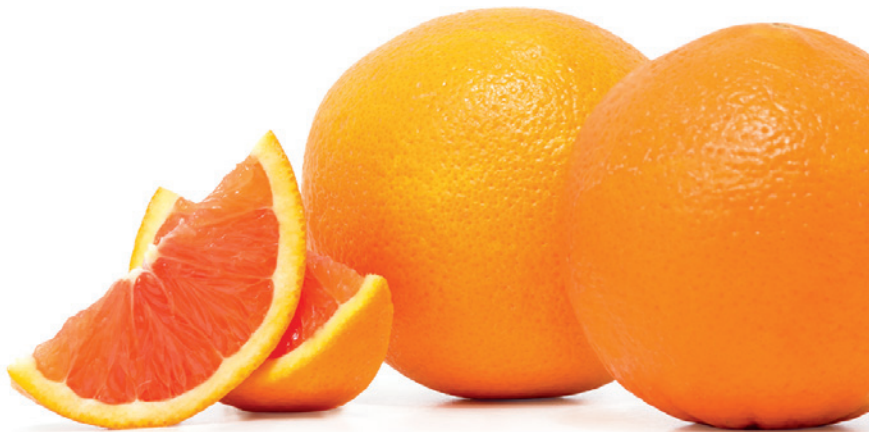


**\$12.99**

# Produce

## Cara Cara Pink Navels

SAVE 50¢ LB



**\$1.49 LB**

## Blood Oranges

SAVE \$1 LB



**\$1.99 LB**

## Organic Clementines

SAVE \$1 LB



**\$2.99 LB**

## Organic Meyer Lemons

SAVE \$1 LB



**\$3.99 LB**

## Organic Pineapples

SAVE \$1 LB



**\$1.99 LB**

# Bulk

## Organic Black Eyed Peas

SAVE \$1 LB



**\$3.99 LB**

## Roasted & Salted Deluxe Mixed Nuts

SAVE 50¢ LB



**\$16.49 LB**

## Organic Sliced Mangoes

SAVE 50¢ LB



**\$16.49 LB**

# Bakery

## Marble Rye Bread

Handmade rye bread with a beautiful spiral inside. Perfect for your next Reuben.

SAVE \$2 EA



**\$3.99 EA**

## Spinach & Herb Bagels

4 PK | SAVE \$1 EA

Try our newest bagel flavor.



**\$4.99 EA**

## Miss Hannah's Gourmet Popcorn

3.25-6.5 OZ | Select varieties

Small batch popcorn made in Newberg, OR.

SAVE \$1.50 EA



**\$6.49 EA**

# Floral, Home & Gift

## Shanna Trumbly Stickers

Select varieties Made in Eugene, OR.

SAVE 50¢

**\$3.49**





# Kitchen

## Golden Beet Salad With Candied Pecans

Roasted golden beets with candied pecans and feta in a light, maple balsamic dressing.

**\$12.99 LB**



## Gourmet Takeaway Market Meals

Enjoy our new selection of Market Meals, including Sicilian Chicken Pesto, Smokehouse Pork & Polenta, and many more.



**\$12.99 EA**

## Oregon Orchard Chicken Salad Croissant

A flaky, buttery croissant loaded with chicken salad made with hazelnuts, apples, cherries, cranberries, green onions, fresh herbs and a tangy dressing.



**\$12.99 EA**

## Roasted Butternut Squash & Mushroom With Arugula

Creamy, roasted butternut squash marries beautifully with umami roasted mushrooms and fresh arugula.



**\$13.99 LB**

## Sumac Chickens Wings With Hot Honey

Chicken wings rubbed with sumac and Aleppo spices, then roasted with a hot honey glaze.



**\$11.99 LB**

# Cheese & Provisions

## Kerrygold Irish Cheese

7 OZ | SAVE \$1 EA

Delicious Irish cheese made from grass-fed cow's milk.



**\$7.99 EA**

## Cypress Grove Truffle Tremor

An American original from Cypress Grove in California, this soft-ripened goat cheese is packed with earthy truffles.

**SAVE \$3 LB**



**\$33.99 LB**

## Cypress Grove Midnight Moon Aged Goat Gouda

Made in Holland exclusively for Cypress Grove, this aged goat's milk Gouda is dense and smooth, with a slight crunch and nutty brown butter flavor.

**SAVE \$3 LB**



**\$31.99 LB**

## Mammoth Wheel Aged Cheddar

Mammoth aged cheddar wheels are now available at all locations! Choose your chunk of our 75-500 lb wheels.

**SAVE \$4 LB**



**\$9.99 LB**

## Mifroma Fondue Kit

14 OZ | SAVE \$1 EA

From Switzerland, this mix comes with wine and spices mixed in a blend of Gruyere AOP and Emmentaler AOP cheeses. Simply heat and serve.



**\$12.99 EA**



# Whole Health

## Enzymedica Probiotic Drink Mix

**0.07 OZ** | *Select varieties*  
Delicious, convenient probiotic stick packs.



**SAVE 25%**

## Himalaya PartySmart

**1-12 CT** | *Select varieties*  
Clinically studied to help support the liver.



**SAVE 25%**

## Wyld Gummies

**2-40 CT** | *Select varieties*



**SAVE 25%**

## Garden of Life Magnesium Gummies



**60 CT** | *Select varieties*  
Can help to calm and relax the body for a better night's sleep.  
**SAVE \$7**



**\$13.99**

## Ancient Nutrition Collagen

*Select varieties*  
Ten types of collagen with probiotics to deliver results for hair, skin, nails and gut.



**SAVE 30%**

## Natural Factors Vitamin C

**180 CT** | *Select varieties*  
Tangy and sweet with no preservatives.  
**SAVE \$7**



**\$19.99**

## Now Vitamin D-3 2000IU

**120 CT** | **SAVE \$2.50**



**\$6.49**

## EO Hand Cream

**2.5 OZ** | *Select varieties*  
**SAVE \$3**



**\$5.99**

## Fat And The Moon Skin Care

**2-16 OZ** | *Select varieties*  
Herbalist formulated body care since 2012.



**SAVE 20%**

## Weleda Shower Gel

**6.8 OZ** | *Select varieties*  
**SAVE \$2**



**\$7.99**

## Everyone Body Lotion

**32 OZ** | *Select varieties*  
Made with aloe vera and vitamin E.  
**SAVE \$2**



**\$11.99**



SINCE 1994

Pam and Randy's hands-on approach and commitment to sustainability have made Oregon's Wild Harvest a trusted name for anyone who believes, like they do, that feeling good starts with what nature gives us.

Scan the QR to learn more!



**SAVE 25%**

*Select varieties*

SAVORIES | Dec 26, 2025 - Jan 1, 2026

# Savings in Every Aisle

## Bigelow Tea

18-20 CT | Select varieties  
SAVE UP TO 80¢



**\$3.49**

## Inka Crops Snacks

4 OZ | Select varieties  
SAVE UP TO \$1.20



**\$2.79**



## MTN OPS Performance Bar

2.2 OZ | Select varieties  
SAVE UP TO 89¢



**2 FOR \$5**



## Bear Maple Farms Tonic

12 OZ | Select varieties  
SAVE 90¢



**\$2.79+DEP**



## Fresh Press Peach Cider Vinegar

16.4 OZ | SAVE \$1



**\$4.49**

## Justin's Peanut Butter

16 OZ | Select varieties  
SAVE \$1.20

**\$4.79**



## Four Sigmatic Coffee

10 OZ | Select varieties  
SAVE \$3.60



**\$15.99**



## BeanVIVO Beans & Chili

10 OZ | Select varieties  
SAVE 80¢



**\$3.49**



## Ardor Energy Drink

12 OZ | Select varieties  
SAVE 89¢



**2 FOR \$5+DEP**

## Birdie & Louie Cat Food

3 OZ | Select varieties  
SAVE 34¢

**4 FOR \$5**



## Sanpellegrino Water

750 ML | Select varieties  
SAVE \$1.30

**\$2.19+DEP**



## Zentopia CBD Beverage

16 OZ | Select varieties  
SAVE \$1.49



**2 FOR \$7+DEP**



## Swiss Miss Hot Cocoa Mix

8 PK | Select varieties  
SAVE \$1

**\$3.99**



## Betty Crocker Brownie Mix

16.3 OZ | Select varieties  
SAVE \$1.80

**\$1.99**



## Club & Town House Crackers

12.7-13.8 OZ | Select varieties  
SAVE UP TO \$2.60



**\$3.99**



## Barbara's Cheese Puffs

5.5-7 OZ | Select varieties  
SAVE \$1.49



**2 FOR \$5**



## Pearls Olives

3.8-6 OZ | Select varieties  
SAVE UP TO \$1.30

**\$2.29**



## RO-TEL Tomatoes & Green Chiles

10 OZ | SAVE \$1.49



**2 FOR \$3**



## Old El Paso Taco Shells

4.6-6.6 OZ | Select varieties  
SAVE \$2

**\$1.99**



## McCormick Taco Seasoning

1 OZ | Select varieties  
SAVE 69¢

**5 FOR \$5**





# Savings in Every Aisle

**Columbus  
Charcuterie Trio**  
12 OZ | SAVE \$2



**\$10.99**

**Polly-O  
String Cheese**  
9-12 OZ | Select varieties  
SAVE UP TO \$2.60



**\$5.99**

**Daisy Squeeze Sour  
Cream & Dip**  
14-16 OZ | Select varieties  
SAVE UP TO \$1.30



**\$3.29**

**Egglife Wraps**  
6 OZ | Select varieties  
SAVE \$1.50



**\$5.49**

**Forager Project  
Cashew Yogurt**   
24 OZ | Select varieties  
SAVE \$1.70



**\$6.69**

**Foodies  
Pumfu Crumbles**  
8 OZ | Select varieties  
SAVE \$1



**\$5.99**

**Blake's Entrée**  
8 OZ | Select varieties  
SAVE \$1



**\$3.99**

**Remedy Organics  
Protein Shake**  
12 OZ | Select varieties  
SAVE \$1.30



**\$3.69<sup>+</sup>DEP**

**Evergreen Waffles**  
9 OZ | Select varieties  
SAVE UP TO \$1.60



**\$4.99**

**MyForest MyBacon  
Plant Based Bacon**  
6 OZ | SAVE \$2



**\$7.99**

**Mush Overnight  
Oats & Protein Bars**  
2.3-5.5 OZ | Select varieties  
SAVE 80¢



**\$1.99**

**Seal the Seasons  
Smoothie Kit**  
24 OZ | SAVE \$2



**\$9.99**

**Actual Veggies  
Burgers & Fries**  
12-14 OZ | Select varieties  
SAVE \$2



**\$5.99**

**Yaza Labneh**   
12 OZ | Select varieties  
SAVE UP TO \$1.70



**\$5.69**

**Lucky Foods Seoul  
Kimchi & Korean  
Style Pancakes**   
14-14.12 OZ | Select varieties  
SAVE \$1.60



**\$5.99**

**House Foods Tofu**  
12-14 OZ | Select varieties  
SAVE 80¢



**\$2.99**

**Oatly! Ice Cream**  
1 PT | Select varieties  
SAVE \$1.30



**\$4.69**

**Sol-ti Super Shot**  
2.1 OZ | Select varieties  
SAVE 90¢



**\$2.69**

**Blue Zones  
Kitchen Bowls**  
8-9 OZ | Select varieties  
SAVE \$1.70



**\$6.29**

**Cocojune Yogurt**  
4-5 OZ | Select varieties  
SAVE UP TO 79¢



**2 FOR \$5**

# Savings in Every Aisle

**De Cecco Pasta**  
16 OZ | Select varieties  
SAVE UP TO \$1.59



**2FOR\$6**

**Pacific Foods Soup**  
16.3 OZ | Select varieties  
SAVE \$1.60



**\$3.99**

**Bob's Red Mill Oatmeal Cups**  
1.81-2.5 OZ | Select varieties  
SAVE 49¢



**2FOR\$4**

**Primal Kitchen Dressing**  
8 OZ | Select varieties  
SAVE UP TO \$1.60



**\$6.99**

**Purely Elizabeth Granola**  
8-12 OZ | Select varieties  
SAVE \$2.01



**\$6.48**

**Spindrift Sparkling Water**  
8 PK | Select varieties  
SAVE \$3



**\$5.49+DEP**

**Nabisco Crackers & Thins**  
3.5-13.7 OZ | Select varieties  
SAVE UP TO \$3.29



**2FOR\$7**

**Cheez-It Crackers**  
7.5-12.4 OZ | Select varieties  
SAVE UP TO \$2.70



**\$3.99**

**Late July Tortilla Chips**  
6-10.1 OZ | Select varieties  
SAVE UP TO \$1.89



**2FOR\$7**

**Best Foods Mayonnaise**  
20-30 OZ | Select varieties  
SAVE UP TO \$3.50



**\$5.99**

**Wild Harvest Canned Beans**  
15 OZ | Select varieties  
SAVE \$1.34



**4FOR\$5**

**Umpqua Milk**  
1 GAL | Select varieties  
SAVE 30¢



**\$5.69**

**Umpqua Cottage Cheese**  
1 PT | Select varieties  
SAVE \$1



**\$2.99**

**Umpqua Sour Cream**  
24 OZ | SAVE \$1



**\$3.99**

**Sugarpine Sundae Sauce**  
9.4 OZ | Select varieties  
SAVE \$1



**\$10.99**

**Philadelphia Cream Cheese**  
8 OZ | Select varieties  
SAVE UP TO \$3



**\$2.99**

**Wilcox Family Farms Cage Free Large White Eggs**  
12 CT | SAVE \$3.51



**\$2.48**

**Cloverdale Bacon**  
12 OZ | Select varieties  
SAVE \$1



**\$5.69**